

There's SO much more than "pointing your toes"  
when taking dance at the HIRSCHL SCHOOL!  
Here are some valuable extras:



Improvement of cognitive function for better academics and clearer mental process.  
Proper body posture and alignment  
Eye-hand/eye-foot motor coordination & spatial cognition  
Learning safe physical potentials and limitations  
Working on strength, balance and flexibility  
Musicality, rhythm and timing  
Learning a positive work ethics in ALL learning situations  
Self-confidence and a positive body awareness  
Working effectively with peer groups and partners  
Working effectively in a disciplined classroom atmosphere  
Lengthening attention span  
Learning & practicing patience as a life virtue  
Stress and anxiety relief  
Positive and effective teacher/student relationship  
Proper lesson etiquette in ALL classroom situations  
Learning that it's enjoyable & fulfilling to do & be your best  
Exposure to the classical arts, music & dance  
Learning responsibility to commitments  
Learning Positive Life Core Values

Students learn the enjoyment of dance and how to express themselves in a positive and constructive manner. These assets will help the student in many aspects of life, far beyond the dance class. Everything worthwhile takes patience and dedication.

We have been serious professional educators in the dance industry since 1972. The contribution we make goes far beyond simply teaching dance steps. We will make a valuable, enjoyable and memorable experience and a worthwhile & rewarding investment for all our students!

At the Hirschl School of Dance Arts, we follow, and meet or exceed the following: Physical Education Model Content Standards for California Public Schools grades Kindergarten Through Grade Twelve *and the* Visual and Performing Arts Content Standards for California Public Schools (Dance Content Standards) As Adopted by the California State Board of Education January 2001